



March 7, 2013

It's almost mid-way through the semester – ask yourself if you are the same person you were when you started the semester in January? My hope is that you are feeling more positive and confident in your ability to succeed in your classes. In two weeks you will be able to give your brain a rest and enjoy spring break (March 25th – March 29th). I'm excited this Saturday starts Daylight Saving Time. Now, if I could snap my fingers and have the snow disappear!

The midpoint of the semester is a busy time for a variety of reasons. For one, midterm grades can bring with them either extreme panic or complete and utter relief. For the relief side of the spectrum, keep up the good work and use this as motivation to complete the semester riding the same wave of success. If you are disappointed by your grades, you may have some work to do. Talk to your professors and find out how you will need to perform on future assignments/exams in order to earn the final grade you had in mind. Set up a plan – whether it includes tutoring or focusing more on school – to make this happen. If even the most stellar performance won't bring your grade up, get in touch with your advisor and discuss possible options. Also, check with the financial aid office to determine how your aid may be affected.

Secondly, let's address class registration. The Summer Schedule of Classes is available and registration has begun. Fall registration will begin in April. Some advisors require you meet with them, others do not. If you need help, set up an appointment with your advisor. Your advisor is listed on your WINS account. You should be prepared for your appointment with your advising report, major requirement sheets, an idea of what you want to take, and any issues, family, and/or work commitments you need to work around. If your advising report indicates that you need to take Personal Health and Fitness, you may be able to get this course waived if you have done such activities as marathon running, cardiac rehab programs, AODA classes etc. You will need to schedule an appointment with Dr. Liz Hachten, to learn what is acceptable. She will determine if your alternative activity is sufficient to waive the course. The appointment number is 262472-1620.

If you need to find course to take with a certain designation such as a (GL, GE, Diversity) the Academic Advising Exploration Center website has a link that breaks this information

down for you: <http://www.uww.edu/aaec/classes>. This is a great resource and will simplify things for you.

Upcoming Events:

Looking for something to do that is healthy and FREE this weekend? Attend **WELLFEST** on Sunday, March 10th from 12-3pm at Whitewater High School. Activities include fitness classes, cooking demos, healthy snacks, and informational sessions that touch on all dimensions of wellness. This event is open to everyone and for all ages. Bring your little ones to play “Minute to Win it” games. If you have the best overall times in the games, you will win awesome prizes. Take advantage of this opportunity to be active and learn new ways that you can live a more healthful lifestyle.

Dinner Get Togethers: Are you interested in getting together with other nontrad students for a bite to eat and conversation? Join others on Monday, March 11th or Thursday, March 21st at 6p.m. for dinner at Tokyo - 160 W. Main Street in Whitewater. A sign-up sheet is in the Non Trad Pad – UC 133.

Celebrate Spring: We will be serving vanilla and chocolate ice cream cones on Wednesday, March 20th 11-1p.m. and from 3-4:30p.m. - Non Trad Pad UC133.
Spring is nature's way of saying, "Let's party!" (Robin Williams)

Plans for Spring Break? If you would be interested in traveling to Chicago to the Museum of Science and Industry during break contact Aimee Leonard for more details (LeonardAE12@uww.edu).

Thornton Wilder's Play, *Our Town*: If you would like to get together with other adult students for the play held at Irvin Young Auditorium on Sunday, April 21st at 2p.m., contact Aimee Leonard (LeonardAE12@uww.edu). Aimee is willing to make arrangements for a block of tickets so everyone can sit together.

Let's Go Brewers! Join other UW-W students for the game against the Colorado Rockies on Wednesday, May 3rd at 7:10p.m. M-Kay Depriest is selling tickets @24.00/ticket - seats are in the 200 section - Loge Outfield. Contact M-Kay at DepriestKA16@uww.edu.

Try to take advantage of the opportunities to grow and learn in and outside of the classroom. My mantra this week is: “*Despite the forecast, live like it is spring!*” (Pulitzer)
Enjoy the end of your week and week-end! Lynn

Lynn



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